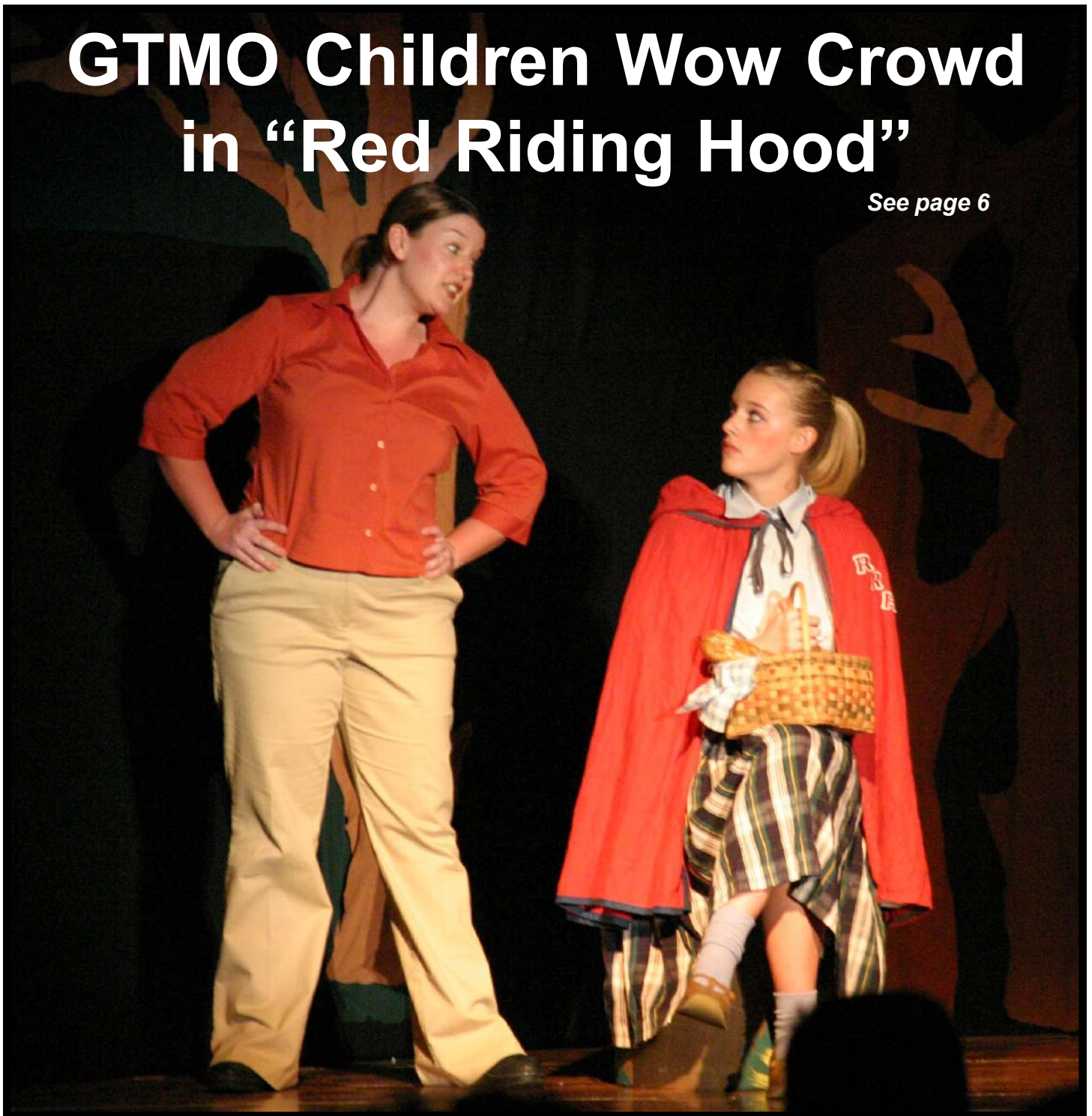


Vol. 61 No. 9

Friday, February 27, 2004

GTMO Children Wow Crowd in “Red Riding Hood”

See page 6



News Briefs

DRMO Turn-in Dates

DRMO representatives return to GTMO March 16 - 26. Hours of operations are 7am to 3:30pm, Monday through Friday.

Appointments, assistance or arrangements for weekend drop offs can be made by contacting Bob Saxman email: Robert.Saxman@dla.mil or John Bingham email: John.Bingham@dla.mil.

The next DRMO sale is in May. If you have any questions regarding DRMO, contact John Clingan at John.Clingan@dla.mil.

Armed Forces Classification Testing

The Armed Forces Classification Test (AFCT) is offered quarterly. The next AFCT testing is March 5 at Bulkeley Hall. Showtime for those participating is 1pm.

This is a 3 hour examination, ending at 4pm. Future test dates and locations will be published in the Gazette. If you have any questions, contact PN1 Greene at 4494.

Spouses' Seminar Committee Hosts Logo, Theme Contest

Calling all artists and those with creative minds! The Spouses' Seminar Committee needs you! A theme and logo contest is being held for the 4th Annual Spouses' Seminar. A \$100 prize is awarded to the theme contest

winner.

Submit your original theme and logo on an 8.5 x 11 inch piece of paper by March 5 to the Fleet and Family Service Center with your name and phone number on the back. If you have any questions, call Terri McCoy at 2292, Julie Barnett at 5736, Diana Schriefer at 4620, or Julie Rochford at 7744.

Correction to Columbia College Schedule

Principles of Marketing (MKTG 310) and Judicial Process (POSC 340) are on Tuesday and Thursday from 7:30pm to 10pm not 4:50pm to 7:20pm as published in last week's Gazette. If you have any questions, call Ellen Soucy at 5555.

Bible School Volunteers Needed

The Lava Lava Island Vacation Bible School is coming to GTMO and volunteers are needed to make this year's event a success.

Individuals are needed for directors, station leaders, crew leaders and behind-the-scene helpers. To learn more about the positions or to sign-up to volunteer, call the Base Chapel at 2323 or Barbara Olsen at 2359 or 7685. We cannot do this without you help!

Lava Lava Island Vacation Bible School is scheduled to be in GTMO beginning June 14 through June 18. Registration begins in March. Watch the Gazette and Roller for more information.

Quiz Bowl - 2004

In preparation for the Terra Nova test, W.T. Sampson Elementary is conducting their annual Quiz Bowl for grades 3-6 at the elementary gym, Friday, March 5 from 1 to 2pm.

Students in grades 3-6 answer questions from their grade level curriculum in a competition with the other grades. Each round consists of 10 questions, and the team has 20 seconds to respond correctly. Only one response per team is accepted.

The students are encouraged to review and be ready. The members of each team are encouraged

to work together to arrive at an answer, but if the team is not able to correctly answer the question, the question goes to the class that the team represents. The judges call on a student from that class and if he or she cannot respond correctly, the question goes to the opposing team. If they can't respond correctly, then it goes to the opposing team's class. Judging is by Guantanamo Bay representatives.

Mark your calendars today and come out to support the 2004 W.T. Sampson Quiz Bowl.

**U.S. Naval Base
Guantanamo Bay, Cuba**

Gazette

Vol. 61 No. 9
Friday, February 27, 2004

Commander, Naval Base
CAPT Les McCoy

Chief Staff Officer
CDR Rick Holt

Command Master Chief
CMDCM(SS) Al Steiner

Public Affairs Officer
JOC Richard Evans

Gazette Editor
JO1 Amy Kirk

This newspaper is an authorized publication for members of the military services stationed at Naval Base Guantanamo Bay. Its contents do not necessarily reflect the official views of the U.S. Government, the Department of Defense or the U.S. Navy and do not imply endorsement thereof.

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www.nsgtmto.navy.mil

AACO Hosts Black History Month Dinner

By Lillie O. Johnson

Fleet and Family Support Center, Guantanamo Bay

As part of GTMO's Black History Month celebration, the African American Cultural Organization (AACO) hosted its annual Dinner/Dance Saturday at the Windjammer. The theme for the this year's event is, "Celebrating the 50th Anniversary of Brown Vs. Board of Education."

The evening kicked off with a social hour, followed by a rich program including prayer, singing of the national anthem, a welcoming address, and the reading of essays by the first place winning students from W.T. Sampson High School.

Afterward, the 250 guests, dined on a Soul Food meal of southern fried chicken, macaroni and cheese, candied yams, collard greens, cornbread and peach cobbler.

A fashion show followed with models wearing dresses ranging from the era of Brown Vs. Board of Education to present day. The fashion show finale was entitled "Men in Black."

Following the fashion show, the audience was treated to a soulful musical rendition of the evolution of black music with songs ranging from slavery to present day. The music had guests on their feet tapping and clapping to the beat.

The evening culminated with an inspiring speech by guest speaker Capt. Les McCoy, naval station commanding officer. His stirring message began at age five, when his father, a young enlisted Air Force man, first came to GTMO, carrying a colonel's bags. The tale ended some 40-odd years later when his son returned to NAVSTA to serve as the base's commanding officer.

McCoy spoke of his own personal journey, being born in a very segregated Jackson, MS, to a military family that moved every three years. He related that he and his brothers were the first blacks to attend an elementary school in Abilene, TX. In high school he played sports and dated girls, but academics were his primary goals. In fact, he scored extremely high on his SAT in math and science and was highly recruited academically by major colleges throughout the country. Then one day, while watching the Army/Navy football game, he decided to pursue the Naval Academy because he was impressed with the Navy's winning team, sharp uniforms and tuition.

He related how the recruiter, upon seeing him, seemed disappointed and attempted to discourage him, stating he likely would not get the congressman's backing and other prerequisites for entering, and if he did, he likely would not complete the Academy and graduate.

McCoy said he started to let his dream of attending the Academy go. His mother, however, had other ideas. She became more motivated and determined. She vowed that her son would not only attend, but also graduate. And, that is precisely what he did! McCoy told the crowd that his mother recently passed away, and she was a great source of strength to him.

He credited both his parents for their guidance and leadership and challenged the parents in the audience to raise their children to become responsible, well educated, well rounded young people.

McCoy ended his speech by speaking of the lifelong friends he made at the Academy, both black and white, including other black aviators, who have gone on to become admirals and others who currently serve on active duty as CO's.

See Black History Month, page 5



Top: The evening's musical event depicted various eras in black music history, including scenes from the slave era.

Left: Fashion show participants model dresses ranging from the 1950s to present day.

Above: Capt. Les McCoy as the guest speaker gave a very memorable and inspiring speech. Photos by Wire Photojournalist Sgt. Jolene Staker.

AACO Black History Month 2004 Essay/Poster Contest Winners

Posters

K-2nd grade - Francheska Carrasquillo & Nicholas Sandstrom

Honorable Mentions - Cristina Motes & Britlee McPherson

3rd - 5th grade - Tiffany Brewer

Honorable Mention - Jason Carrasquillo

Essays

6th - 8th grade - Heather Brittle & Tiana Simmons

Honorable Mention - Hayden Kemp

9th - 12th grade - Amanda Faith Walker

Honorable Mention - Langston Edwards

Daisy's Model Grace, Style at Fashion Show

Watch out Tyra, Christy, Giselle and all you other supermodels . . . here come the Daisy's!

At a recent fashion show, these little darlings wowed their family, friends and teachers of W.T. Sampson Elementary School with their gracefulness and fashion sense. The girls modeled clothing ranging from swimwear to sleepwear.

According to Daisy Girl Scout volunteer Tonja Campbell, the fashion show was held to help the girls earn a new "petal" (a Daisy award) for their uniforms.

"There are ten parts to the Girl Scout law. The Daisy's are the youngest of the girl scouts (4-6), so instead of earning badges they earn 10 daisy petals, one for each part of the girl scout law," explained Campbell.

"The fashion show is how the girls earn their "Be Courageous and Strong" red petal. They show strength of mind by picking out three outfits on their own. No parental help is allowed. They demonstrate courage by displaying those outfits in a fashion show where the audience is someone other than their parents. They chose the elementary school teachers as their guests this year," she added.

Campbell went on to say that the Daisy Girl Scouts try to do three special events during the year - one for moms, one for dads and one for the community. The fashion show was the community event.

"It's fun for the girls and a really big step for the youngest," said Campbell. "It's very hard for them to walk the 'catwalk' for the first time. But by the end of the show it's all we can do to stop them."

The Daisy Girl Scouts hold fund raisers throughout the summer and fall months to raise money for these events.

"For the dads, we did a hike and supplied each dad and daughter with a brand new hat, sunscreen, water, and snack," said Campbell.

In May, the Daisy's are planning a Mother-Daughter tea and will present gifts to the moms, as well as cater the event.



Change Your Lifestyle to Lose Weight

From the American Forces Press Service

The Department of Defense wants service members and their families, retirees and civilian employees to enjoy lifelong health and fitness.

The military medical system today stresses a "condition management approach" to obesity. That means working with beneficiaries to prevent the problem rather than have to treat it. The approach marks a change in traditional thinking, one that requires a close partnership with beneficiaries.

All the services have body weight and conditioning standards. The Body Mass Index ratio developed by the National Institutes of Health in 1998 is one indicator. It's the ratio of weight in kilograms to height in meters squared. A BMI of less than 25 is considered normal, 25 to 29.9 is overweight, and over 30 is obese.

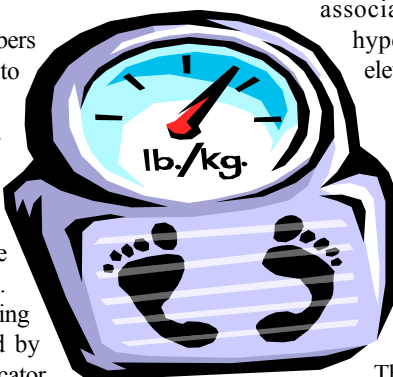
Nearly a thousand service members are discharged each year because of their weight. But the active force's problem is minor compared to family members, who mirror the general public. Using the BMI studies suggest 60 percent of Americans are overweight or obese.

About 15 percent to 20 percent of children are overweight or obese, he said. About 40 percent weigh over 80 percent of their ideal body weight.

The services' elite forces are most effective at weight control, probably because of their culture, which stresses physical prowess, agility and team coordination.

However, one thing is certain for everyone: It's easier to prevent being overweight and obesity than to treat them. They're an illness, but many overweight individuals don't see themselves as sick or needing treatment.

Obesity is linked to higher rates of chronic illness and worse physical quality of life than lifelong smoking, problem drinking and poverty combined, in the United States. Overweight and obesity are clearly



associated with type-2 diabetes, gall bladder disease, hypertension, coronary artery disease, depression and elevated cholesterol and triglyceride levels in the blood.

Losing weight and keeping it off is not easy. The hardly secret truth about weight control is that it means adopting a lifestyle that combines prudent dieting and a sustained exercise program. It's the only way to prevent and to effectively treat overweight or obesity without resorting to medications.

Sustained exercise means 30 minutes of exercise, preferably vigorous, three or four times per week. The benefits of frequent exercise are well documented.

Even walking is helpful as long as it is sustained. One should feel at least a little tired at the end of it.

A caution regarding children: Severely limiting children's caloric intake can adversely affect growth and development, especially during adolescence, when their needs increase, he said. The best ticket is a balanced diet that's neither excessive in calories nor excessively restrictive coupled with age-appropriate exercise. Children attempting to lose weight should do so only under the care of physicians or nurse health managers.

Embarking on this life change, one can hope to lose 1 or 2 pounds per month. Losing 12 to 20 pounds in a year is a real success story.

A pound of fat contains about 3,500 calories. Vigorous exercise for 30 minutes may burn up to 350 calories, so even with daily exercise at this rate it would take 10 to 12 days to burn a pound of fat — assuming you're eating only a normal complement of calories. An average adult requires 2,000 to 2,500 calories daily, so the goal should be to not exceed 2,000.

For more information on weight control problems and treatments, visit the Surgeon General website at www.surgeongeneral.gov/topics/obesity.

Black History Month, from page 3

The captain spoke about the legacy of education in America, especially in the black community since the Supreme Court decision in Brown Vs. the Board of Education. He explained that it is a legacy we have all inherited and should embrace and hold dear. He joked that he has looked for his Naval Academy recruiter from time to time, to inform him of his progress at every major milestone in his career, starting with graduation from the Naval Academy, completion of flight school and earning his coveted wings of gold to his present command here at GTMO. The audience roared with laughter and approval.

On a final note, McCoy jokingly told the audience he wanted to have his father visit this base now, and that he if he did he would find an O6 to carry his bags - McCoy himself!

The message from the captain was very powerful, engaging, one that inspired hope, and one in which the audience obviously related to as he was given several rounds of thunderous applause during his speech and standing ovation at the end. According to the AACO event organizers, they could not have selected a better guest speaker.

The AACO president, Cornelius Williams, presented McCoy with a special plaque and a print bearing the theme of the occasion. Williams also announced the winners of the essay contest who will receive \$100 savings bonds and the winners of the poster contest who will

receive \$50 savings bonds. The official program ended with the singing of the Negro National Anthem, "Lift Every Voice and Sing," by James Weldon Johnson.

The evening continued with dancing as Jim Veazey provided the diverse, soulful music.

The AACO extends a heartfelt thank you to all the special guests, program participants, committee members, volunteers, W.T. Sampson Schools, MWR and the community for their support of all the Black History Month activities.

Celebrate Black History Month

Black History Month Finale

2pm at the Windjammer, Sunday, Feb. 29
"Simple Justice" A documentary about Brown v.
Board of Education

*The documentary depicts the events leading up to the
Supreme Court battle in Brown Vs. Board of Education.*

"Red Riding Hood" Wows Community



The GTMO community was recently enchanted with an updated version of a classic fairy-tale. The Missoula Children's Theatre (MCT) touring team, Kimberly Kempfert and Amy Pettigrew, along with over 50 children from the community, put on a show-stopping performance of "Red Riding Hood" after less than a week of rehearsals.

In the play, Red Riding Hood, played by Chelsea Mendenhall, and her pre-teen pals tried to stay on the straight and narrow path. Along their journey, they met many unforgettable characters such as the Big Bad Wolf, who was not so bad after all, and a friendly neighborhood Forest Ranger who urged the girls to stay true to the path. A pack of woefully nasty young wolves and a handsome Woodsman, were also part of the story and, of course, who could have a wolf tale without the Three Little Pigs and even a Boy Who Cries Wolf.

This year marked the second year that MCT has come to GTMO and we can only hope that the tradition will continue. All proceeds from the event go into the Missoula Children's Theatre Savings account that has been established by PTO. The sole purpose of the account is to save the money required to bring MCT back to GTMO.

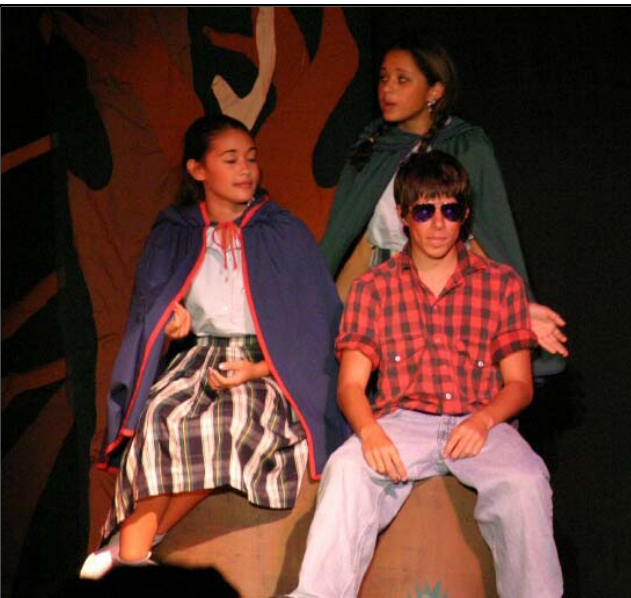
Those of you who attended, we hope you enjoyed the show. Those of you who didn't, we hope to see you next year.



Cast of Characters & Special Thanks

Red Riding Hood - Chelsea Mendenhall
Girlfriends - Aja Allen, Zuleyka Gonzalez, Nicole Warren
Woodsman - CJ Denfeld
Locksmith - Christopher Kanash
Boy Who Cried Wolf - Matthew Boothe
Little Loveable Wolf - Major Torley
Sister Hood - Whitly Hunt
Brother Hood - Eric Watson
Baby Hood - Kylee Barnett
Robin Hood - Max Hall
3 Little Pigs - Arden Anderson, Hadley Schank, Victoria Miller
Assistant Directors - James Grewe, Ashlee Williams, Jessica Felder
Shadows - Stephanie Tickner, Lisa Nieves, April Helms, Victoria Robichaux, Alice Helms, Tiffany Brewer, Jennifer Ratcliff, Rebecca Price, Sara Espinoza, Megan Shockley, Katherine Peck, Nicole Lara
Wolf Gang - Brian Price, Tanner Torley, Tyler Benzing, Alec Waltermann, Neil Popham, Joe Espinoza, Brittany Gonzalez, Lauren Vaughn, Saaya Nelson, Samantha Davis,
Raccoons - Dajea Malone, Katie Mendenhall, Morgan Sciacca, Matthew Warren, Madison Peck, Jonathan Miller, Alyssa Keller, Marisol Nazario, Emily Aguirre, Emmett Kemp, Justin Benzing, Jack Walsh, Moasia Gonzalez, Zane Niccum, Emma Campbell, Ashley Roblejo
Accompanist - Tracy Halterman

This performance was made possible by: W.T. Sampson PTO, MWR, Newman's Own, Fisher House Foundation, Naval Media Group, HSO and OCSC. Special Thanks to: Dale Moore, Sandra DiQuinzio, Tracy Halterman, FSGT Kimble (Marine Corps Security Force), Sue Stanton, Wendy Smith, Mrs. Pollino, Jean Anne Blumenstock, Shellee Peck, Ken & GiGi Miller, Craig Basel, Rebecca Walsh, The Jerkhound, Mr. Mann, Miguel Quispe, Roger Parkey, Lisa Rowe, Dalton Hall and Julie Dennison.



West Nile Virus Survey Conducted in GTMO

By **Chris Eberly**, *DOD Partners in Flight Program Manager*
Bob Reitsma, *Smithsonian Institute, Environmental Research Center*
& **Paul Schoenfeld**, *Natural Resources Manager*

In January, you may have seen a group of sweaty, muddy civilians combing the base mangroves and neighborhoods. This was a group of researchers marking the return of ornithologists to GTMO. As many of you know, the Institute for Bird Populations conducted a five-year study on the birds of GTMO that ended in April of last year. This year's bird researchers represented a collaborative effort between the GTMO Environmental Office, the DOD Partners in Flight Program, and the Smithsonian Institute Environmental Research Center. The purpose of the one-month effort was to sample Cuban birds for West Nile Virus (WNV).

WNV is a potentially fatal mosquito-borne illness native to the West Nile District of Uganda, East Africa. The bite of a WNV-infected mosquito is rarely fatal to humans, horses, and most other mammals. Although birds, particularly crows and jays, can die or become ill once infected with WNV, most infected birds do survive. In the Western Hemisphere, WNV first appeared in New York City in 1999 and has rapidly dispersed west and south within the continental U.S. and further into Mexico and parts of the Caribbean. The rapid spread of WNV is generally believed to be by infected migratory birds and its presence in the Caribbean may be from neo-tropical migratory birds (those who breed in the U.S. and over winter in neo-tropics). In the Western Hemisphere, West Nile virus has been detected in at least 138 species of birds. For more information on WNV and species of birds in the U.S. in which the virus has been detected, visit www.cdc.gov/ncidod/dvbid/westnile/

While much attention is given to the spread of WNV in the U.S., there has been limited sampling outside the U.S. WNV

was detected in Jamaica and the Dominican Republic and GTMO is the first opportunity for U.S. researchers to survey for WNV in Cuba. Whether the virus spreads by accidental importation of infected mosquitoes, international travel by humans, long-distance migratory birds, or any other means is anybody's guess at this point.

The research conducted at GTMO is part of a multi-year Caribbean-wide effort by the Smithsonian Environmental Research Center to detect the presence of WNV as early as possible throughout the region. For the last three years, sampling for WNV has been conducted in the Yucatan peninsula of Mexico, Jamaica, Puerto Rico, and now Cuba. By taking tiny blood samples from thousands of birds, further tests on the blood will demonstrate whether these live birds may have had active WNV coursing through their veins, evidence of the birds' ability to fend off the virus, or nothing suggestive of WNV at all.

Thanks to the cooperation of many residents who lent their backyards as sampling sites, the Smithsonian field crew took blood samples from over 600 birds representing almost 30 species. Six of these species are found only in Cuba (Cuban Pygmy-Owl, Cuban Tody, Cuban Blackbird, Cuban Gnatcatcher, Oriente Warbler, Cuban Green Woodpecker), which, like the Cuban Boa and the Cuban Iguana, demonstrate the unique biological nature of GTMO. Also sampled were the Great Lizard-Cuckoo, that showy large-tailed lizard-eating inhabitant of GTMO's dry forest, and several neotropical migratory species which spend their wintering months here on the base (e.g. Cape May Warbler, Prairie Warbler, Northern Waterthrush, Palm Warbler, Black-throated Blue Warbler and American Redstart). All birds sampled were released unharmed. Results of these samples will be published for the GTMO community.

The Smithsonian Environmental Research Center and DOD Partners in Flight are appreciative of the support shown by GTMO residents and staff to ongoing avian research activities. We look forward to our next visit.

Command Training Indoctrination Course

March 8-12
7:30am – 4:30pm

Command Managed Equal Opportunity Course

March 15-19 - 7:30am – 4:30pm

FMI or to sign-up, contact the
**NAVSTAGTMO Command Training
Coordinator**, MAC(SW) Johnson, 4738
(JohnsonOR@usnbgtno.navy.mil), or MA2
Hood, 5446 (n021af@usnbgtno.navy.mil)

GTMO Girl Scouts News

Bumper Sticker Fundraiser

The Girl Scouts are seeking slogans for their bumper sticker fundraiser. Winning slogan receives a prize. E-mail your ideas to campbelltg@usnbgtno.navy.mil or call 7328.

Competition ends March 1.

Volunteers & Elections

We are in need of Troop Leaders, Assistant Leaders and adult volunteers for the 2004-05 school year. **You do not need a participating child in order to volunteer.**

Individuals are needed to fill the positions of Chairman, Secretary and Treasurer. Nominations are due by March

1. Elections are March 27. **You do not need a participating child in order sit on the committee.** For more information on volunteering or elections, contact Jack Campbell at 7328 or 7-2661.

2004 Catholic Lenten & Holy Week Schedule Naval Station, Main Chapel

Every Friday of Lent

6 to 7pm, Feb. 27 - Apr. 2 - Stations of the Cross and Benediction

7 to 8pm - Soup and Salad Potluck in Fellowship Hall

Tuesday Christian Adult Lenten Series

7pm, March 9 - "What are a Christian Conscience and a Christian Morality?"

7pm, March - "How Does Christ Work in the World Today?"

Lenten Penance Service

7pm, Monday, Apr. 5

Holy Thursday

7pm, Apr. 8 - Mass of the Lord's Supper

Good Friday

11:30am & 7pm, Apr. 9

Good Friday Service

Holy Saturday

8pm, Apr. 10 - Easter Vigil Mass

Ecumenical Easter Sunrise Service,

6am, Apr. 11 (Not a Mass)

Easter Sunday

9am, Apr. 11

Mass of the Resurrection

Worship Services

Catholic Mass

(Main Chapel) **Monday - Friday**
Daily Mass (Cobre Chapel) 1130

Wednesday

Holy Hour/Rosary 1700
(Cobre Chapel)

Saturday

Reconciliation 1630
Eucharist/Mass 1730

Sunday

Eucharist/Mass 0900
La Santa Misa (Spanish) 1015
Eucharistic Adoration
(Cobre Chapel) Daily 24hrs

Protestant Services

Sunday

Sunday School 0930
Services - Main Chapel 1100
Children's Sunday School 1130

New Life

(Main Chapel) **Sunday**
Worship Service 1300

Church of Jesus Christ of Latter Day Saints

(Sanctuary A)

Sunday

Sunday Sacrament 0900

Monday

Family Home Evening 1800

Wednesday

Ladies Relief Society 1900

Thursday

Young Women 1900

Filipino Christian Fellowship

(Sanctuary A) **Sunday**
Worship 1800

Iglesia Ni Cristo

(Sanctuary B) **Sunday**
Worship 2000

Pentecostal Gospel Temple

(Room 13) **Sunday**
Worship 0800 & 1700

Seventh Day Adventist

(Sanctuary B) **Saturday**
Divine Service 1100

Islamic Service

(Classroom 18) **Friday**
Worship 1300

United Jamacian Fellowship

(BLDG. 1036 - Next to Phoenix Cable)
Sunday Service 1100 & 1830

Camp America Troopers Chapel Protestant Service

Sunday 0730

Soul Survivor (Club Survivor)
Wednesday 1900

Roman Catholic

Sunday 1700

Alpha: Tuesdays
1900, Rm L1/CANN

Thursday Ticket: Thursday
1900, Rm L1/CANN

**For information about
programs & services, call 2323.**

WANTED BY THE NAVAL CRIMINAL INVESTIGATIVE SERVICE

Name: Unknown

Wanted for: Burglary

Crime: On 01Feb04 at approximately 2045, Suspect entered a Center Bargo residence in GTMO. Suspect is Asian male (20-25 yrs) who was wearing a blackhat, black shirt and dark jeans.

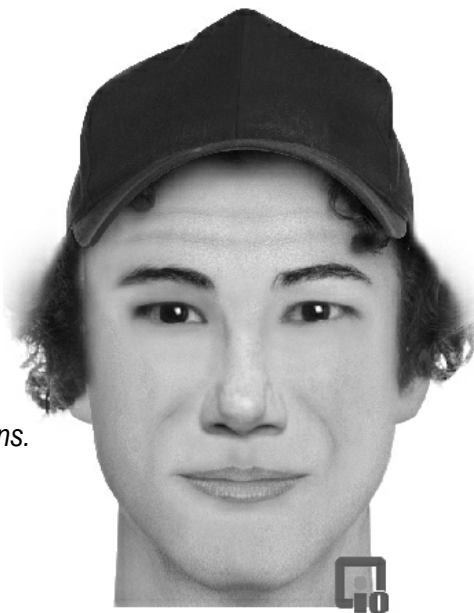
Criminal Record:

Unknown

Caution:

NOTIFY THE NCIS:

Any person having information which might assist in locating this individual is requested to immediately notify the nearest field component of the Naval Criminal Investigative Service. Telephone: 4140



Age: 20-25

Height: UNK

Weight: UNK

Build: UNK

Hair: Black

Eyes: Brown

Complexion:

Medium

Race: Asian

Nationality:

UNK

Occupation:

UNK

Scars & Marks:

UNK

Remarks:

Suspect left scene in white P/U truck.

CCN: 03Feb04-MPGT-001306NNA

GTMO SHOPPER

School Lunch Menu

March 1 - 5

- MONDAY -

Cheese Burger,
Lettuce & Tomato,
Sliced Pickles,
French Fries,
Orange Wedges,
Milk

- TUESDAY -

Fish Sticks,
Macaroni & Cheese,
Mixed Vegetables,
Sliced Peaches, Milk

- WEDNESDAY -

Oven Fried Chicken,
Vegetable Rice,
Tossed Salad,
Orange Wedges, Milk

- THURSDAY -

Chicken Nuggets,
French Fries,
Broccoli w/Cheese,
Apple Wedges,
Milk

- FRIDAY -

Combination Pizza,
Buttered Corn, Carrot
Sticks, Sliced
Pineapples, Sugar
Cookies, Milk

FOR SALE

(1) Two ball gowns for sale. Worn once, very nice. Size 18 - \$100 for each.

(1) Playstation 2 w/memory card, controller and 4 games, \$199. FMI, call Dichler at 3459 or 8718 after 4pm.

(1) Car Audio System - Infinity 5"¼ speakers, \$80; Blaupunkt 6"½ speakers, \$40; ADS 10" Subwoofer with box, \$200; Kenwood mono amp 120x1, \$80; California amp 120x2, \$80; Sony amp 65x2 \$50. Total \$530; Buy it all for \$400. Call 7429.

(1) Scuba gear for sale \$700: (1) BC Vest/Weights (L), (2) Regulator, Octopus, Second Regulator, compass, dive gauges, (3) Dive Boots fit 9 to 10", and (4) Tank. Call Doug (h) 8648.

(1) HP Deskjet 640C Color Printer w installation CD. \$80, price neg. Call Granville at (h) 7384 or (w) 6277.

(2) Minwax Wood Finish - dark walnut (2716) - roughly 1 gallon. Price negotiable. Email grunty8769@hotmail.com

(2) Four-person Paddle Boat, \$100. Call 7804.

(2) **Items for sale** - Two 12" bicycles - excellent condition - \$10 each; Little Tikes vacuum, \$5; Little Tikes electronic workshop, \$20; Play tools, \$5 a bag; Little Tikes play castle (excellent condition, orig price \$280), \$60; Little Tikes Coup (ride on car), \$20; Little Tikes 57 Chevy (ride on car), \$20; Step 2 Kitchen, \$20; Plastic food & accessories, \$5 a bag. Hurry these items won't last. Call 5418 for an appointment.

(2) Washer/Dryer, \$50 as set; cream living room chair, \$25 good for barracks room. Call 7892.

(2) American 14' 6" Sailboat hull - no mast, rigging, or sail. Hull is solid and would make a great fishing boat (just slap on a small motor) or project boat - (Yes, it floats!) 75.00 OBO. Can be seen in front of Center Bargo 1218. Call 7068 AWH.

(3) GE Washer/Dryer set, extra-large capacity, \$250. Call 7310.

(3) Connelly 2-person water tube with tow rope, \$75 OBO; Beige Sofa, \$50 OBO; 18" Figaro Cut 18K Gold Chain, \$100 OBO; 1997 Sea Do Parts/Body, \$500 OBO. Contact

Mark at 72940 or 7907.

(3) Laptop Computers - HP Pavilion Laptop (N5290), 750Mhz Intel P3 processor, 128MB Memory, 15GB HDD, DVD-Rom Drive, 15.1 in. TFT, ITU V.90 56kbps Network/Fax modem combo, Windows XP Professional Edition (OS). HP Pavilion Laptop (N5440), 850Mhz Intel P3 processor, 256MB Memory, 20Gb Hdd, DVD-Rom Drive, 15.1 in. TFT, ITU V.90 56kbps Network/Fax modem combo, Windows XP Professional Edition (OS). HP Omnibook Laptop (6000), 1Ghz Intel P3 processor, 256 MB Memory, 20Gb Hdd, DVD-Rom Drive, 14.1 in. TFT, ITU V.90 56kbps Network/Fax modem combo, Windows XP Professional Edition (OS). Call Fred Apog at 6249 or 6528

(3) Compaq iPAQ Pocket PC H3765 64MB RAM with CF Expansion Pack; Targus Pocket Modem 56K V.90; Expendable Kit Jacket & Fellowes Micro-thin Screen Protectors. Excellent Condition. \$400. Call Joseph at 4506.

VEHICLES/BOATS

(1) American 14' 6" Sailboat hull - no mast, rigging, or sail. Hull is solid and would make a great fishing boat (just slap on a small motor) or project boat - (Yes, it floats!) \$75 OBO. Can be seen in front of Center Bargo 1218. Call 7068 AWH.

(1) 1985 Ford Mustang V6 Convertible -new battery and overhaul - \$1,000 OBO. Call (h) 7414 or (w) 2160, ask for Sharpe.

(1) 1985 Chevrolet Sprint - good GTMO car, \$1,700. Call 7040 after 5pm.

(1) 1989 Lincoln Towncar - luxury vehicle w/new CD/AM/FM Stereo, AC, power windows and seats, new tires, new radiator. \$2500 OBO. FMI, call 8057.

(1) 1999 Jeep Wrangler Sport 4x4 - 6 cylinder, 5 speed, 24,000 mileage. Asking \$13,750 OBO. Call MA2 Chris Hall (AWH) 7156 or (DWH 2200-0600) 6266/ 6063 (2200-0600).

(2) 1973 Jeep CJ5 - V8, 3spd, new parts, no rust. \$4500 OBO, Call (h) 5745 or (w) 4222.

(2) 2002 Dodge Ram 2500 Quad Cab. Great condition. Asking \$22,900. Call 9496 after 7pm.

(3) Motorcycle 2000 Kawasaki 1500CC -

classic tan/green. One of the nicest on island - not a GTMO special. All options, alarm, helmet, bags, communication/music, heated suit, etc., included - \$7,500 for everything. Call 7531, lv. msg. You must see to appreciate.

(3) 1978 Ford Pinto. Somewhat cranky but reliable. Have \$1,000 in it, will take \$700. Call Rick, 5241, or e-mail, rick.fahrjr@us.army.mil.

WANTED

Wanted: good, cheap, used bike. Call Kraig 3555 or 8648

Wanted: Ping Pong Table. Call 7804.

Wanted: MCSE/MCSA study books/CD's. Call 3339 DWH.

Looking for a massage therapist or reflexologist. If you have experience, call 7310.

Motorcycle Riders for group rides. If interested send an email to cdawghouse@yahoo.com or lv msg. at 7310.

Bonco anyone? Want to be part of a group or need an extra player or players? Call Donna at 7310.

Want to play or learn to play Double-Deck Pinocle? Contact MSG Roland Kinley at (w) 3205/3206 or (h) 8072.

Looking for a licensed social worker to help us with an adoption. If you can help, please call Corinne Johnson, 7633.

EMPLOYMENT

The following are job vacancies currently open through the Human Resources Office.

Non-open Continuous Vacancies:

Accounting Technician - closes 3/5/04
Office Automation Clerk - closes 3/5/04

Open Continuous Vacancies:

Practical Nurse, 1st cutoff 9/3/03, closes 8/20/04

FMI, call Human Resources Office, 4441.

ANNOUNCEMENTS

Conch season is closed March, April and May. This is the peak of Conch breeding activity, and the closed season is

Force Protection

Instruct children
not to open
doors to
strangers.

Energy Conservation

Repaint building
exteriors with
light colors.

Water Conservation

Feb 16 - 22

Used
Daily avg.
Daily goal 1,000,000 gal

We were \$ over
budget for the week.

GTMO SHOPPER

important to maintain a sustainable fishery.

FFSC BASE INDOC - 7:30am to 4pm, Friday, March 12. Representatives of all departments and the community get together for the Naval Station newcomers orientation. FMI, call 4141.

FFSC Resume Writing Class - Friday, March 5, 9am to 11:30am.

C.R.E.D.O. Marriage Enrichment Retreat - The retreat begins with dinner on Friday, March 19 and ends with lunch on Sunday, March 21. To register, call 2323 or email n15b@usnbgmto.navy.mil. The retreat is open to active duty, reservist and retired military, and DOD/DON civilians.

Veterinary Treatment Clinic open for emergencies only from 27 February 2004 - 05 March 2004. In case of an emergency, please contact the Emergency Room at 72690.

WIC Office now open - Call Sandy at 2186.

MEETINGS

Spouses' Seminar Committee Meeting - 5pm, Thursday, March 11 at Fleet and Family Support Center.

OCSC General Membership Meeting - Tuesday, March 2, 7pm at Community Center. Membership is open to Spouses of Active Duty Officers and DOD Civilian Equivalents (GS-7 and above) and Contractors with officer privileges and their spouses. FMI, call Joyce Fricker, 5526.

Senior Petty Officers' Association - Friday, March 5 at 11:30am in the Windjammer. FMI, call JO1 Kirk at 4502.

YARD SALES

Saturday, Feb. 29 - CC-22D, 8 to 10am - men's and women's clothing, household items and misc. items.

Saturday, March 6 - West Bargo 46B, 7 to 11am - Multi-family yard sale - clothing, furniture, misc. household items, computer hardware and accessories, snorkel gear, fishing tackle.

LOST & FOUND

Lost - Kodak Digital Camera at the Windjammer on Valentine's Day - reward if found. Call 7973.

Lost - Gold watch on Monday, Feb. 16 somewhere at the Navy Exchange. The watch has sentimental value. Reward is offered if found. Please call AWH 7106 or DWH 4533.

PERSONALS

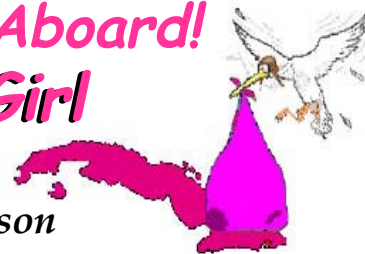
Arce - you're a great mom, wonderful wife and my best friend. I love you with all my heart! Happy Birthday and Happy Anniversary! Love, Big Gav

Welcome Aboard! It's A Girl

Peyton
Elisabeth Anderson

Born: February 19, 2004
7lbs 2oz; 20"

to Toni and David Anderson



Car Wash

Saturday, March 6
9am - 1pm at the NEX
Sponsored by the Spouses'
Seminar Committee

"Not So Newlywed Game"

Friday, March 19, 7 - 9pm at the Windjammer
Tickets on sale Saturday, February 28 and March 6 at the NEX Atrium

Vehicle Claims

The NAVSTA Security impound lot is getting full. The department can hold vehicles for only 120 days. The cars listed are approaching or past this deadline. After this deadline, vehicles are turned over to Kvaerner as directed by NAVBASE's Abandoned Property Board instruction. Only the registered owner may claim the vehicle; do not call asking to purchase. For more information, contact HT1(SW) Mays at 4325, Monday - Friday, 7:30am to 4pm.

Make/Model

1977 Chevy
Impala
Chevy Pick-up
Chevy Pick-up
Chevy Wagon
Cutlass Supreme
1972 Dodge
1978 Dodge Pick-up
Dodge Pick-up
1980 Ford Mustang
1981 Ford Mustang
1977 Ford Pick-up
1978 Ford Pinto
1984 Ford Tempo
Honda
Honda Accord
Honda Tercel
1979 Mazda 626
Volvo Turbo

Color

Red
Grey
Camo
White
Blue
Sky Blue
Green
Green
Yellow
Black
Red
White
Red
Maroon
Blue
White
Grey
Camo
Black

Plate

C3860
Unknown
Unknown
C6935
C0308
C5907
C1901
C1478
Unknown
C3627
C4125
C3381
C3235
Unknown
Unknown
Unknown
Unknown
Unknown
Unknown
C5907

VIN

1J08174171252
Unknown
1G8ED18J3FF1547375
Unknown
1W35JAD424690
3R47F8D451211
DL41K7F216505
Unknown
D14AB89295215
Unknown
Unknown
1FABP1548BF183763
Unknown
Unknown
SBC-2158982
Unknown
JT2AL25C3384546
Unknown
Unknown
YV1AX4726C1218922

In Lot

Unknown
Unknown
Unknown
1-Mar-03
19-Feb-03
17-Nov-03
Unknown
Unknown
Unknown
Unknown
1-Mar-03
15-May-03
15-May-03
1-Mar-03
17-Nov-03
16-Nov-03
17-Nov-03
Unknown
Unknown

TEACHER'S PET

Animation/Family
84min

Voices of:
Nathan Lane
Kelsey Grammer

The tale of a talking canine whose ultimate wish is to become a real boy. Through the help of a whacko scientist, Spot makes the evolution to human form. However, nobody calculates dog years into the equation and Spot transforms into a middle aged man!



50 FIRST DATES

Romantic Comedy
96min

Starring:
Adam Sandler
Drew Barrymore

Henry Roth falls in love with a woman after a memorable encounter, only to find that she suffers from severe short-term memory loss and has no idea who he is. To win her, he has to get her to fall in love with him all over again every day.

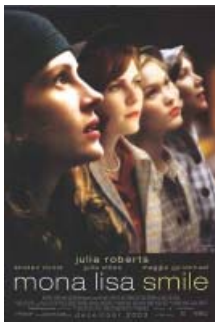


MONA LISA SMILE

Drama
115min

Starring:
Julia Roberts
Julia Stiles

In 1953, novice art history professor Katherine Watson begins teaching at the prestigious all female Wellesley College, which despite its academic reputation, is an environment where success is measured by how well the students marry. Encouraging these women to strive for a more enlightened future, Watson challenges the administration and inspires students to look beyond the image of what is, and consider the possibilities of what could be.



MIRACLE

Drama
135min

Starring:
Kurt Russell
Eddie Cahill

This is a true story of coach Herb Brooks, who in 1980 had the distinction of being the last player cut from the U.S. hockey team. Brooks got his chance at being part of a medal winning team when he led the U.S. hockey team to victory over the Soviets, who had won the medal the last four times.



Movies

FRIDAY, FEB 27

7pm Teacher's Pet
PG 74min

9pm Mona Lisa Smile
PG13 115min

SATURDAY, FEB 28

7pm 50 First Dates
PG13 96min

9pm Miracle
PG 135min

SUNDAY, FEB 29

7pm Cheaper By
The Dozen
PG 99min

MONDAY, MAR 1

7pm Stuck On You
PG13 119min

TUESDAY, MAR 2

7pm Mona Lisa Smile
PG13 115min

WEDNESDAY, MAR 3

7pm 50 First Dates
PG13 96min

THURSDAY, MAR 4

7pm Miracle
PG 135min



One Hot Deal At A Cool Price

Buy one large pizza
receive a medium
non-specialty pizza free!
Offer ends February 29.

Youth Center

February 27
Rock Climbing and Playground Fun
FMI, call 4658.

Teen Center

February 27
Pool Party
FMI, call 2096.

Liberty Center Tee Time

February 28
8am to 12pm
Free golf cart and clubs checkout
No entry fee. FMI, call 2010.

Mardi Gras Buffet

7pm - February 27
Windjammer Club and Bayview Patio
Roasted Pit, Cajun Etouffee, Jambalya,
Seafood Gumbo, King Cake
and more. Cost is \$6.50.

Mardi Gras Celebration

TONIGHT!
Fun begins at 7pm
at the Windjammer Club
and on the Bayview Patio
Lots of beads, masks and King cakes!

Parents Night Out

Villamar CDC is open for Parents
Night Out every week. To hold a spot
for your child a reservation fee of
\$2.50 is due by Thursday of each
week. An additional fee of \$1.50 is
due for each additional child of the
same family. This reservation fee is
non-refundable. One hour \$2.50 - Two
hours \$5.00 - Three hours or more \$12
for the evening. For specific dates or
more information call 3664.

For more information on any of the
events listed above, call 5225.